

Recommendations on nutritional assessment & care

- **Reworded from 2013:** At diagnosis and throughout treatment all individuals with TB should be offered nutritional assessment and appropriate counselling based on their nutritional status. *(strong rec, no direct evidence available)*
- **New:** Household contacts of people with TB should be offered nutritional assessment and counselling as part of contact tracing. If undernutrition is identified it should be managed according to WHO guidance. *(strong rec, low certainty of evidence)*
- **New:** Nutritional interventions should be offered to individuals with TB who have severe, moderate or mild undernutrition as part of a comprehensive package of TB care. *(strong rec, low-moderate certainty of evidence)*
- **New:** In settings with food insecurity, food baskets in combination with multiple micronutrient supplements should be offered to all households of people with TB. *(strong rec, moderate certainty of evidence)*
- **New:** Vitamin D supplementation may be provided to people with TB in the context of rigorous research. *(conditional rec, low certainty of evidence)*



Photo credit: ©UNICEF/RedSuma



Photo credit: ©Mexime Fossat Advancing Nutrition

Group work on steps for uptake of recommendations

What key steps will be needed to adopt the new recommendations on TB and undernutrition?

Suggested areas of focus of discussion:

- Stakeholder coordination
- Planning and resource mobilization
- Policy, norms and standards, etc.
- Implementation:
 - ✓ HR
 - ✓ Equipment for nutritional assessment
 - ✓ Food supplies vs money
 - ✓ Infrastructure
 - ✓ Logistics and delivery of food assistance
- Monitoring, evaluation and research



Photo credit: ©WFP/Carols Munoz



Photo credit: ©UNICEFSouthSudan/Ryeng



Photo credit: ©UNHCR/Sebastian Rich



Photo credit: AI image generation

Group work

Bangladesh	Cambodia	Indonesia	Lao PDR	Mongolia	Nepal	PNG	Thailand	Vietnam
Unitaid	WHO	KNCV	GF	CHAI	Gates F	GDF	TAG	TBA
CSO Nigeria (1)	CSO South Africa	CSO Indonesia	CSO Ukraine (2)	CSO Ukraine (1)	CSO Nigeria (2)	CSO Mozambique	CSO Ethiopia	CSO Vietnam
Stop TB CFCS	JATA	WHO SEAR	WHO WPR	LSTM/Start4All	Freelancer	MedAccess	FIND	WHO Vietnam